

Wellness Works in Schools™

Student Behavioral Rubric Teacher Observation

Student Name: _____ Teacher: _____ Date: _____

	<u>Mental</u> Paying Attention	<u>Emotional</u> Self-Calming / Self-Control	<u>Physical</u> Self-Regulation / Participation	<u>Social</u> Care for others
4	Pays attention all of the time	Demonstrates calmness and self-control	Physically engages in all activities	Shows care and respect for teachers and fellow students
3	Pays attention most of the time	Demonstrates calmness and self-control most of the time	Physically engages in most activities	Shows care and respect most of the time for teachers and fellow students
2	Pays attention some of the time	Demonstrates calmness and self-control some of the time	Physically engages in some activities	Shows care and respect some of the time for teachers and fellow students
1	Needs continual support to pay attention	Demonstrates little ability to calm or control one's own behavior	Needs continual support to participate in class activities	Needs continual support to show care and respect for teachers and fellow students
0	Made no attempt to pay attention	Made no attempt to calm or control one's own behavior	Made no attempt to participate in class activities	Made no attempt to show care and respect for teachers and fellow students

Score: _____

Summary Score: (Mental + Emotional + Physical + Social) = _____

Comments: _____